

small plates

Soup of the Day
homemade wheaten bread
6.75
Contains 6 (wheat),7,8,12

Red Pepper and Garlic Fried Prawns
salad & Marie Rose sauce, served in
crispy tortilla bowl
9.95
Contains 1,2,6,7,8,12

Chicken Satay Skewers
marinated in soy sauce & coconut
milk, celeriac purée, peanut sauce
8.95
Contains 6,7,8,9,12

**Fried Beef Strips in Korean
Sauce**
carrot purée, sesame seeds
8.95
Contains 5,8,10,12,13

Quinoa Salad (v)
trio of quinoa, baby leaves, cherry
tomato, artichoke, flaked almonds,
orange dressing
8.95
Contains 5,8,12

Elephant Rock Fish Pie
cod fillet topped with mashed
potato, petit pois, capers,
tomato, lemon cream
9.50
Contains 3,7,8,11,12

Irish Moiled Beef Burger
glazed brioche bun, lettuce, sliced
tomato, Ballymaloe relish, white
cheddar cheese, twice-cooked
chips
16.95
Contains 6,7,8,9,10,12,13

6oz Irish Moiled Sirloin Steak
carrot purée, onion rings, cap
mushroom, pepper sauce
17.95
Contains 6,7,8,9,12

toasted sandwiches

B.L.T.
bacon, baby gem, tomato, mayo,
13.95
Contains 6,7,11,12

Frankie (Bombay Burrito) (v)
cauliflower, potato, chick peas,
pickled red onion, spinach, mint
chutney
13.95
Contains 6,7,11,12

All sandwiches are served with skin-
on chips and salad

1&2- shellfish, 3- fish, 4- peanuts, 5- nuts, 6-
cereals containing gluten,7- milk,8-soya, 9-
sulphur dioxide, 10- sesame seeds, 11- egg,
12- celery and celeriac, 13-mustard, 14-
lupin. v = vegetarian

large plates

Battered Atlantic Cod Loin
pea purée, lime tartare, crispy
capers, twice-cooked chips
16.95
Contains 3,6,7,8,11

Grilled Hake Fillet
trio of quinoa, pea mint purée,
pineapple cream
17.95
Contains 5,7,8,9,12

sides

House salad
sweetcorn, red onion, cherry
tomato, avocado, house dressing
5.5
Contains 8, 13

All of the below are priced 4.95

Gochujang Sesame Broccoli
Contains 4, 5, 7

Battered Onion Rings
Contains 7

Cream/Champ potatoes
Contains 7

Hand-cut or skinny chips
Contains 8

Skin-on chips
Contains 8

Butter Chicken Curry
stir-fried vegetables, yellow basmati
rice & Poretta bread
16.95
veggie option – paneer cheese (v)
14.95
Contains 4,5,6,7,8,10,12,13

Soya on Sourdough (v)
soya, red wine and soy sauce,
pineapple mayo, sourdough
bread
13.95
Contains 6,7,8,10,11,12

desserts

Warm Rhubarb Crumble
crème Anglaise, vanilla ice cream
7.50
Contains 5,6,8,11

House Cheesecake
fruit coulis, ice cream 7.50
Contains 5,6,7,11

Date & Orange Pudding
butterscotch sauce, honeycomb ice
cream
7.50
Contains 5,6,7,11

Banoffee Bocker Glory
biscuit, mascarpone, Morellis salted
caramel ice cream, banana ice
cream, dulce de leche
7.50
Contains 5,6,7,11